

# Map to Becoming Certified

Basic steps to become a certified IY Group Leader

START



**1. Attend an IY training**



**2. Acquire the appropriate program for your population**

(You may do this step prior to attending training)



**3. Self Study using Leader's Manual & DVDs (with coleader)**

(You may begin self study prior to training if you have the program materials)



**4. Start recruitment and planning for your groups**



**6. In-person or telephone consultation and receive peer review.**



**5. Implement first group & submit DVD of one session for feedback from IY mentor/trainer**

(With recommended number of sessions for population)



**7. Implement second group & submit DVD for feedback from IY mentor/trainer. Continue participating in consultation.**



**8. Once DVD review passes, send all paperwork to IY headquarters**



**9. Application is reviewed. Congratulations on becoming a certified group leader!**

See next page for what comes next, once you are certified as a group leader

# CERTIFICATION MAP – THE CONTINUED JOURNEY

Next steps once you have been certified as a group leader  
(Continued from “Map to Becoming Certified”)



**10. Continue group leader peer review every 2 weeks**



**11. Group DVD consultations yearly with IY mentor/trainer**



**12. Support new group leaders by delivering groups with them**



**14. Consider attending an adjunct IY training for a different population or age range.**

(see [www.incredibleyears.com](http://www.incredibleyears.com) for all training options)



**13. In-person or telephone consultations with IY mentor/trainer as needed**



**15. Consider learning more about peer coach certification.**

Contact the Incredible Years<sup>®</sup> office and consult our website ([www.incredibleyears.com](http://www.incredibleyears.com)) for more details on further training you can receive, how to access consultation, and applying for peer coach certification.