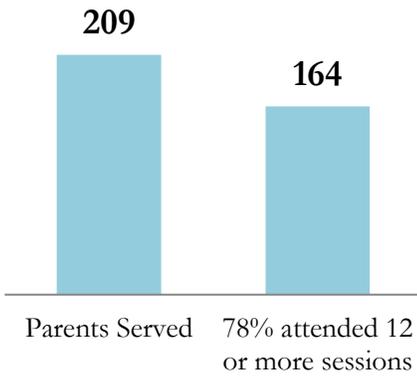


# Incredible Years Advance Parent

## July 1, 2010 – June 30, 2019

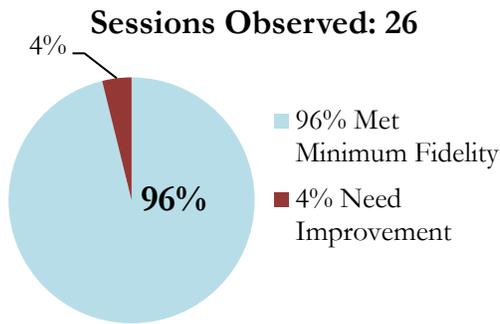


The Pennsylvania Commission on Crime and Delinquency provided funds to support 4 **Incredible Years** providers from 2008-2019. The Advance Parent program was implemented in three counties: Bedford, Lackawanna and Somerset.

### Targeted Risk and Protective Factors:

- Poor Family Management
- Family Conflict
- Family History of Antisocial Behavior Family Attachment
- Family Opportunities for Prosocial Involvement
- Family Rewards for Prosocial Involvement
- Parental Depression

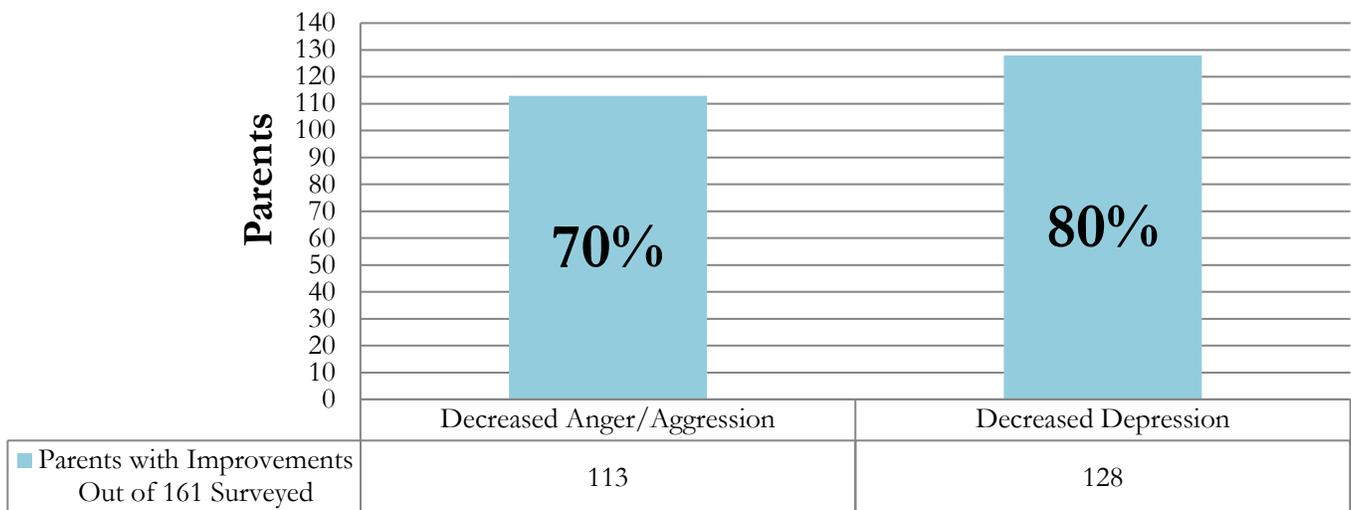
**Model Fidelity:** The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years, minimum fidelity is defined as having conducted at least 75 percent of the program as designed by the developer.



### Why is **Model Fidelity** important?

Evidence-based programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with **fidelity to the model**.

## Incredible Years Advance Parent Outcomes



**IYS Surveys:** IYS Advance Parent surveys are completed by parents during the first and last sessions of the program. There were 161 Parents out of 209 served that completed pre/post measures; which is 77 percent of the parents served.

**What is the expected long-term impact of IYS?** The outcomes highlighted above reflect short-term participant changes, hypothesized long term outcomes are related to reductions in youth anti-social behavior such as less aggressive behavior, less drug and alcohol use, less likelihood of being involved with deviant peer groups, and less likely to drop out of school.

**Cost Benefit of IYS Basic:** The Washington State Institute for Public Policy reports that for every dollar invested in IYS Advance there is a total benefit of \$2482 with a cost of \$2072 per participant for a potential savings of \$408 for every parent who participates.

*This IYS Advance Parent Report was created in September 2018.*