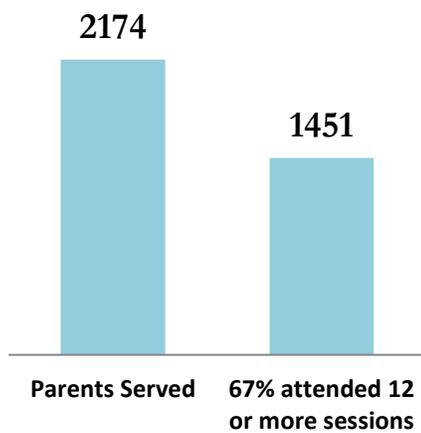


# Data Summary for the Incredible Years Basic Parent Program

**\*This report summarizes the results from October 1, 2010 – June 30, 2019\***



The Pennsylvania Commission on Crime and Delinquency provided funds to support **Incredible Years Basic Parent Programs from 2010-2019**. The program was implemented in twelve counties across the state: Adams, Allegheny, Bedford, Cambria, Chester, Cumberland, Dauphin, Delaware, Lackawanna, Lancaster, Washington and Westmoreland.

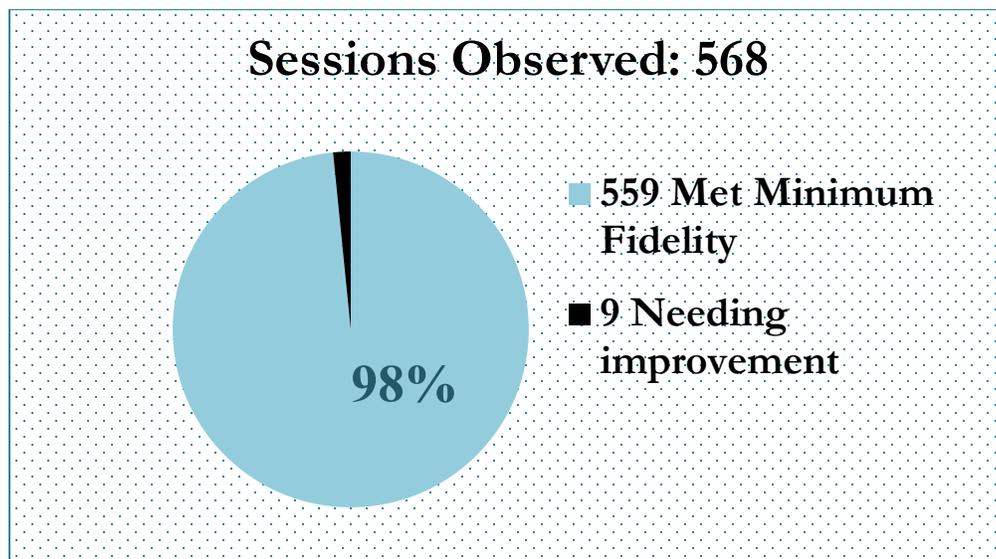
### Targeted Risk and Protective Factors:

- Poor Family Management
- Family Conflict
- Family History of Antisocial Behavior Family Attachment
- Family Opportunities for Prosocial Involvement
- Family Rewards for Prosocial Involvement

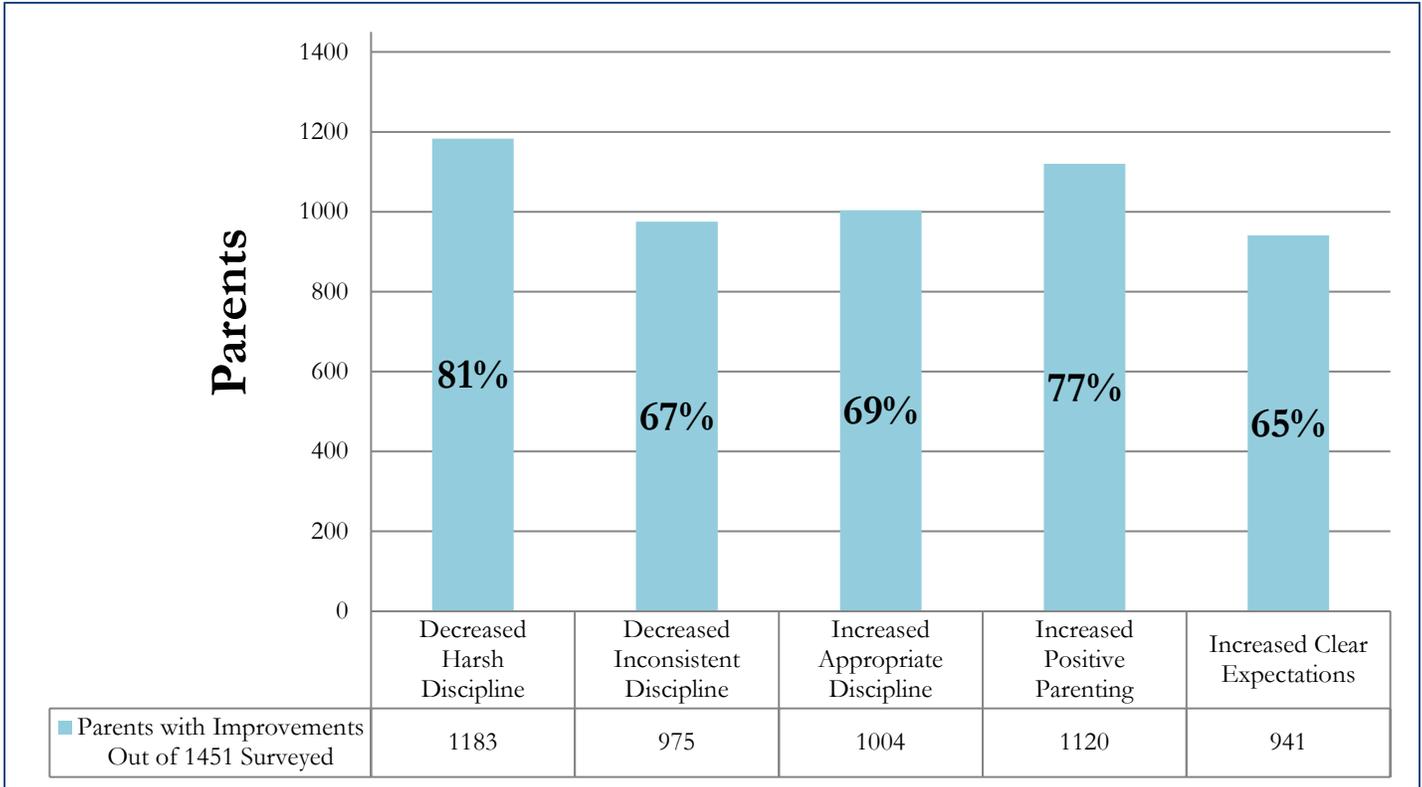
### Why is Model Fidelity important?

Evidence-based programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with **fidelity to the model**.

**Model Fidelity:** The goal is for providers to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years, minimum fidelity is defined as having conducted at least 75 percent of the program as designed by the developer.



# Incredible Years Basic Parent Outcomes



**IYS Surveys:** IYS Basic Parent surveys are completed by parents/caregivers during the first and last sessions of the program. There were 1451 parents/caregivers out of 2174 served that completed pre/post measures; which is 67 percent of those that were served.

**What is the expected long-term impact of IYS?** The outcomes highlighted above reflect short-term participant changes. Hypothesized long term outcomes are related to reductions in youth anti-social behavior such as less aggressive behavior, less drug and alcohol use, less likelihood of being involved with deviant peer groups, and less likely to drop out of school.

**Cost Benefit of IY Basic:** The Washington State Institute for Public Policy reports that for every dollar invested in the IY Basic Parent Program, there is a total benefit of \$2,360 with a cost of \$1,321 per participant for a potential savings of \$1,039 for every parent who participates. Utilizing these calculations, we can estimate that PCCD funds has saved Pennsylvania \$2.2 million.

*This IY Basic Parent Report was created in October 2019.*