

Positive Parenting Program (Triple P)

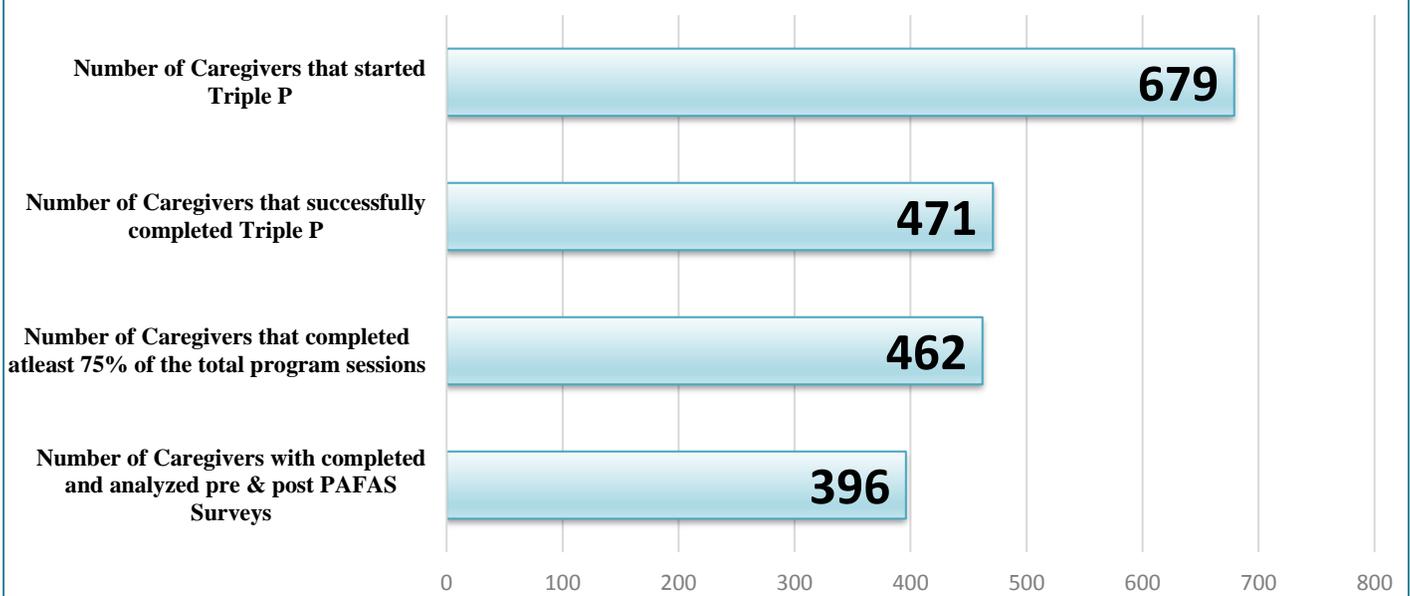
July 1, 2015 – June 30, 2019

Population Characteristics: The Pennsylvania Commission on Crime and Delinquency provides grant funds to support Triple P implementations across the Commonwealth. From 2015-2019, PCCD funded Triple P projects within six counties: Allegheny, Clearfield, Fayette, Jefferson, Montgomery and Philadelphia. The Levels of Triple P that were implemented were: Level 3 Discussion Group (Teen), Level 4 Standard, Level 4 Standard Teen, and Level 4 Group (0-12).

Targeted Risk and Protective Factors:

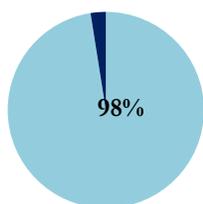
- Poor Family Management
- Family Conflict
- Parental Attitudes Favorable to Antisocial Behavior
- Rebelliousness
- Depressive Symptoms
- Family Attachment

Caregiver Participation in Triple P



Model Fidelity: The goal is for providers to observe 20 percent of the sessions taught to assess model fidelity. For Triple P minimum fidelity is defined as having conducted at least 75 percent of the program as designed by the developer.

Sessions Observed: 761



- 742: Met Minimum Fidelity
- 19: Needing improvement

Why is **Model Fidelity** important?

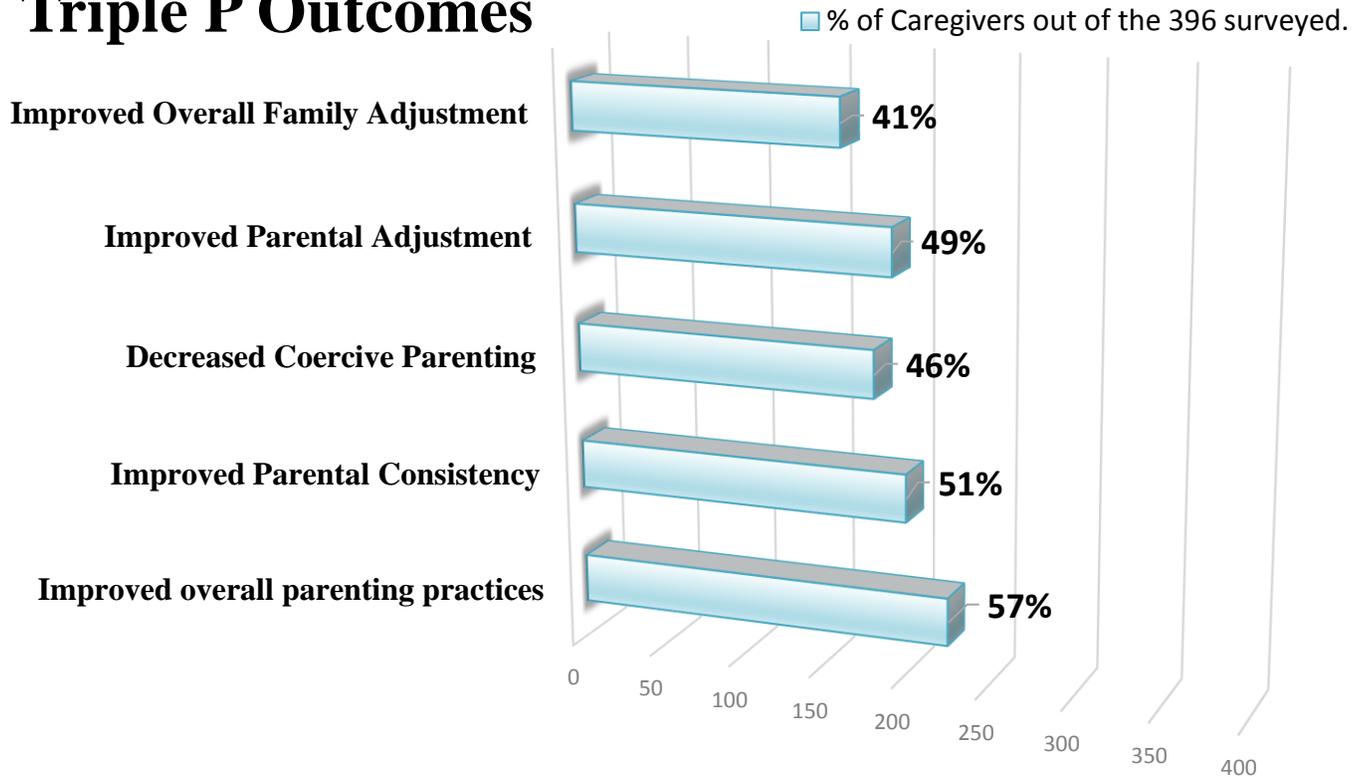
Evidence-based programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with **fidelity to the model**.

2015-2019 Triple P Outcomes Summary continued

- **Triple P Surveys:** PAFAS surveys are completed by parents/caregivers during the first and last sessions of the program.

Total Number of Parents Completing Pre- and Post-Surveys: Out of the 471 parents/caregivers who successfully completed Triple P this year, 396 parents (84%) completed Pre- and Post-Surveys.

Triple P Outcomes



As of October 2019, the Washington State Institute of Public Policy estimates a \$1,398 savings for each caregiver that participates in Triple P due to reduced needs for services and improved youth outcomes. A conservative estimate based on the 462 caregivers that completed at least 75% of the total program sessions of Triple P from 2015-2019 shows a potential savings of \$645,876 to the Commonwealth of Pennsylvania.

This Triple P Training Report was created October 2019